

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 01 Jul 2022 until 23:59 on Saturday 02 Jul 2022

Forecast Issued on Thursday 30 Jun 2022 at 17:24 by Met Office Aberdeen

Confidence: High for changeable conditions for the next few days. Low for extent of showers and low cloud on a daily basis.

Headline for Friday 01 Jul 2022: Sunny intervals and a few showers, these mainly in the north

Mountain weather hazards on Friday 01 Jul 2022

Blizzards
No Likelihood

Gales
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
No Likelihood

Heavy persistent rain
Low Likelihood

Storm force winds
No Likelihood

Poor visibility
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Fog	Fog	Sunny intervals	Sunny intervals	Heavy rain showers	Heavy rain showers	Sunny intervals	Partly cloudy (night)
Precipitation probability							
00%	20%	20%	20%	40%	40%	30%	20%

Forecast for Friday 01 Jul 2022

Weather: Variable cloud cover with a few showers developing by late morning, these showers continuing into afternoon in the north. Heaviest showers mainly confined to North Highland, a risk of an isolated thunderstorm here. Becoming mainly dry through the afternoon in the south of the area.

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Generally very good outside of showers. Cloud largely above summits, but lowering to 900 metres at times especially in or around showers. Some cloud down to 600 metres at first in the south of the area.

Forecast for Friday 01 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	18/22 SW	13/16 SW	9/12 SW	7/10 SW	9/13 SW	10/14 W	6/9 W	6/8 SE	9/12 SE
900	17/21 SW	13/16 SW	9/12 SW	7/10 SW	9/13 SW	10/14 W	6/9 W	5/7 SE	8/11 SE
600	12/16 SW	10/13 S	7/9 SW	6/9 SW	8/12 SW	8/12 W	4/7 W	4/5 NE	6/8 SE
300	5/15 SW	3/11 SW	3/8 SW	3/8 SW	5/11 SW	6/12 W	3/7 W	1/5 SE	2/7 E
Glen	5/12 S	4/10 S	2/6 S	5/8 W	6/10 W	5/10 W	3/6 SW	2/4 SE	4/7 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/1	5/2	5/2	6/4	7/4	7/4	7/5	6/4	6/3
900	6/2	6/2	6/3	7/5	8/5	7/5	7/6	7/6	7/4
600	8/6	8/6	8/6	10/8	10/8	10/8	10/9	9/9	9/8
300	10/9	10/10	11/10	13/12	14/13	12/12	12/12	12/11	11/11
Glen	12/12	12/12	13/13	15/14	16/15	15/14	15/14	14/14	13/13
Freezing Level*	2000m	1900m	1800m	1800m	1900m	1900m	1900m	1900m	2000m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Drenching conditions possible in afternoon showers with a risk of lightning.

Forecast for Saturday 02 Jul 2022

Weather: Sunny intervals and scattered showers throughout the day, perhaps some longer spells of rain at first. Becoming drier from late afternoon onwards with showers becoming less widespread.

Maximum wind: Westerly 20 to 30 mph on the summits

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Poor in areas of cloud down to 600 metres at first, otherwise cloud mostly at 900 metres or above

Temperature: **Glens:** Plus 7 rising to 16 Celsius
At 800m: Plus 8 Celsius
Freezing level: Above summits